Nutrition Facts

Serving Size 1 ea
Servings Per Container 1

Amount Per Serving

Calories 285  Calories From Fat 132

% Daily Value

Total Fat 15g  22%
Saturated Fat 5g  21%
Trans Fat 0g

Cholesterol 16mg  5%

Sodium 661mg  28%

Total Carbohydrates 28g  9%
Dietary Fiber 1g  5%

Sugars 4g

Protein 9g

Vitamin A 4%  Vitamin C 0%
Calcium 22%  Iron 9%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors
Low Cholesterol
High in Calcium
Good Source of Protein

Ingredients
Split White Bread, American Cheese, Salad Canola Oil