Breakfast, Chorizo and Cheddar Quesadilla

Morrisville Auxiliary Corp
Seneca Dining Hall

Nutrition Facts

Serving Size: 3 oz (85g)
Servings Per Container: 1

Amount Per Serving

Calories: 121  Calories From Fat: 77

Total Fat: 9g  % Daily Value: 13%
  Saturated Fat: 5g  21%
  Trans Fat: 0g

Cholesterol: 50mg  17%

Sodium: 246mg  10%

Total Carbohydrates: 5g  2%
  Dietary Fiber: 1g  2%
  Sugars: 1g

Protein: 6g

Vitamin A: 5%  Vitamin C: 6%
Calcium: 11%  Iron: 2%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Good Source of Calcium
Good Source of Protein

Ingredients

Chdr Yel Mild Shrd Cheese, Tortilla Wrap, 6x6 Tomato, Green Diced Chili, Sausage Sweet/Hot Italian West Pork, Whl Liquid Frsh W/Citric Egg