Breakfast, Peanut Butter and Jelly French Toast
Morrisville Auxiliary Corp
Seneca Dining Hall

Nutrition Facts
Serving Size: 1 ea
Servings Per Container: 2

Amount Per Serving
- Calories: 304
- Calories From Fat: 109
- Total Fat: 12g
- Saturated Fat: 3g
- Trans Fat: 0g
- Cholesterol: 121mg
- Sodium: 409mg
- Total Carbohydrates: 37g
- Dietary Fiber: 2g
- Sugars: 9g
- Protein: 12g

% Daily Value
- Vitamin A: 4%
- Vitamin C: 0%
- Calcium: 9%
- Iron: 14%

In Challenge Values are based on a 2000 calorie diet.

Nutrition Descriptors
- High in Protein
- Good Source of Iron
- Good Source of Carbohydrates
- Good Source of Fiber

Ingredients
- Split Top White Bread, Shell Med White USDA AA Egg, creamy Peanut Butter, Grape Concord Jelly, Granulated 50# Bakery Sugar, Vanilla Ext Bakery, Bakery Cinn Spc Korintje